

# OPEN DOOR

For Churches in Tiptree,  
Tolleshunt Knights, Great  
Braxted, Messing & Inworth

August/September  
2024

**W**  
The Thurstable  
& Winstree  
Team Ministry

£1.00



The Thurstable  
& Winstree  
Team Ministry

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The Thurstable  
& Winstree  
Team Ministry

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**Deadline for the next edition: October/November 2024  
Sunday 8th September 2024.**

**Items for the magazine:** can be emailed to [thurstableteamadmin@btinternet.com](mailto:thurstableteamadmin@btinternet.com) or delivered to St Luke's Parish Office or sent to [m.borgartz@btinternet.com](mailto:m.borgartz@btinternet.com)

## FROM THE TEAM RECTOR

Towards the end of the summer term, our youth worker, Andy, and I visited all eight of the primary schools in our benefice to run a workshop for the Year 6 pupils about their move up to secondary school. The workshop is put together by Scripture Union, a Christian organisation that encourages people to read and engage with the Bible. The workshop uses games, video clips and discussion to help children reflect on their move and to think about some of the things they might be looking forward to or feeling anxious about. Each child is also given a copy of a booklet full of tips for moving into Year 7.



We have been running this programme for a few years but this was the first year we had gone into all eight schools. Every visit is different because each group of children has different anxieties and concerns. In some of our schools most of the children are heading to Thurstable, while in other schools they are spread across several secondary schools. Some children have been at the same school since they were four years old, while others may already have moved schools more than once. Some of our village schools are very small, which makes the jump to secondary school much bigger. The workshops are always great fun and as rewarding for us as for the children. We have had some very positive feedback from some of the teachers.

Some of our Church of England schools also hold their Leavers' Service in the church. There are always some laughs, usually a few tears, as we send the on to the next stage of their journey. The children who were in Year 6 in my first year here are now in their twenties (yes, I really have been here that long). I met one of them recently - she is godmother to a child I have baptised. She remembered me taking assemblies in her school. It is a huge privilege to be working in our primary schools, watching these children grow up and trying to give them a few things to help them along the way.

If you are someone who prays, please do pray for our year 6s as they start Year 7 in September – I have promised them we will be praying for them. We will have far less contact with most of them from now on, but maybe some of the stories we have told them and the values we have tried to give them will stick with them in the years to come. Some of them will find their way to the youth work Andy runs in Tiptree or will bump into him at Thurstable, where he carries out a chaplaincy role. We have plans to extend more youth work across the whole of the Witham deanery in partnership with the other churches next year.

We now have a date fixed for our Church Councils to meet with the Bishop and Archdeacon of Colchester on 24<sup>th</sup> October to discuss the Team Vicar vacancy. I know that is still some way off, but we are looking at working with another neighbouring benefice that also has a half-time vacancy to see if we can create a sensible full-time post, so all the necessary consultations will take some time. There will be more news on this in the autumn.

## From Andy Butt Tiptree Youth Project Outreach Community Youth Worker

I've had a really busy time this year as the TYPO Community Youth Worker with this summer school term probably the craziest time of all, so wanted to bring you up to date with some of the things I've been doing recently.

Back in January a good number of you packed out the church hall for the Friends of St Luke's Quiz Night for TYPO, raising in excess of £400. I put that to good use over the May Bank Holiday weekend when a group of us journeyed down to Tollesbury and took advantage of Fellowship Afloat's Sail Away Day.

Under expert tuition from my friends at FACT we took to the water in either a wayfarer dinghy or a larger keel boat to experience the power of the waves, tide and the wind. We set our sails and ventured off for a morning just off of Mersea Island as part of a small flotilla of boats. Cake was brought out to us, cake always features on FACT activity days, and everyone got to be an active part of the crew. Lunchtime took us to a deserted shingle island where we enjoyed the packed lunches we'd made ourselves just before we set off from the Lightship. The tide was rising and by the time we left, and after playing some games on the beach, I have to say there wasn't too much of the island left. We then had a full afternoon out on the water again, a few little impromptu races included



as boats challenged each other to be the first to a marker. With much smiling and after yet more cake we made our way back to the Lightship at the end of the afternoon. For an extra thrill we transferred from our boats to an inflatable RIB for the last part as low tide beckoned there wasn't much water left under our boats to get back. The afternoon ended



*Happy faces at the end of our day out on the water with FACT*

with us enjoying yet more food, including the infamous cake and sharing in a short reflective time led by one of the FACT crew members. The sun shone on us all day, the wind rustled our hair and a happy if not tired group of us said our goodbyes to the friends we had made that day. It was great to share this time with some of my young people in Gods' wonderful world. Walking back to the car park Belinda, my co-leader, and I chatted about how this is a special place and thought about how we might be able to go there again, perhaps staying for a weekend. Needless to say plans are now afoot.

Back on dry land over 200 local year 6 children have now participated in our school transition workshop. *It's Your Move* produced by Scripture Union is an excellent resource preparing children for their move up to secondary school. It's been great to see them engage with us and be enthusiastic about the book we give them. We tell them that each is being prayed for by the local churches. If you haven't done so already please join us by praying now for calmed nerves and a good transition to a new place of learning for these children in September.

Little space remains to talk about the Friday night CITY Youth Club, or Wednesday Youth Club, other than to say they are vital part of the lives of young people I regularly work with. More volunteers to help me with each of these activities would be useful. Speak to me if this is speaking to you. We're also hoping that we will have been successful in recruiting someone to work with me for a few hours each week at both of these activities. If we haven't then please speak to me or Anne-Marie if you know someone suitable who might be interested in some paid youth work.

### **Andy Butt**

Contact me by email [Andy@TYPO.uk.net](mailto:Andy@TYPO.uk.net) or see me about the village

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## **National Allotments Week – 12<sup>th</sup> to 18<sup>th</sup> August**

We like allotments. In fact, as a nation, more than 250,000 of us have one, and reckon that it enriches our lives.

This year the theme of National Allotments Week (NAW) is biodiversity. The NAW will encourage allotment holders with tips of how to increase pollinators and wildlife, how to do ecofriendly pest control, companion planting, soil health and much more!

Allotments stem originally from the General Enclosure Act of 1845. Traditionally, they were popular among older, retired men, but in recent years that profile has changed. Now fewer than half of all plot-holders are retired, and many, many more are being run by women, who share the plot with their partners.

If you are interested in allotments, you might like to visit: [www.nsalg.org.uk](http://www.nsalg.org.uk)

# MY LLM JOURNEY

I have been updating you regularly on my LLM journey, so now it is time to look at the final phase of the three years leading up to the Licensing, and then what comes next.

Life has gone through a few significant changes in the past few weeks. First, both my husband, Martin, and I retired from work at the end of May. It is fair to say that we are still adjusting to the change, to not having to get up early and go to work, to having more time each week to spend on church work and the things we enjoy. Having said that, I spent the first couple of weeks completing my final assignment for college, the one based on the survey so many of the congregation at St Luke's kindly filled in for me. At the time of writing this, the results are due back tomorrow, but as I am now licensed, I am not exactly concerned too much about the outcome!

I was one of 6 LLMs being licensed together on 13th July, the 6 of us have been together as a group, supporting each other and learning from each other, over the past 3 years, along with our formation tutor, Anne. We have all agreed that we will keep in touch via regular Zoom meetings since we are spread across the whole Diocese. We also have a WhatsApp group, which we use for quick messages, calls for prayer for each other and our families and support on a regular basis as required.

Before the licensing, we all went away on retreat to the Diocesan retreat house at Pleshey from the Thursday evening until the Saturday morning. This was a blessed and peaceful time, helping us to all reflect on Jesus, what the Lord was calling us to do, and getting us in the right head space for the licensing. If you have never been to Pleshey I can highly recommend it as a beautiful place of peace with lovely gardens, we were looked after extremely well. Even so, I had a bit of a wobble on the Saturday morning as it suddenly struck me that up until that point I could have said "No, this is not what I think God is calling me to do" but that once I was licensed that was it, I had to keep going forwards. So, I called Martin who talked me down, that this was what God wanted me to do and what I had worked towards and grown towards for the past 3 years.

The Saturday itself was a strange mix of hurry up and then sit and wait. We had breakfast at 8.30am and had to clear our rooms by 9am, but then wait for the Eucharist service at 10.30am with Bishop Guli in the chapel at Pleshey, where we all said our oaths. I had gone down with a cold on the Tuesday, by the Saturday morning I was better, but was still coughing well. I started coughing in the lead up to the oaths, tried to suppress it, which was probably not a good idea, and was wondering how I was ever going to say the oaths, but once we got to that point all desire to cough disappeared and didn't come back until after the service concluded. Then it was all hurry to pick up our packed lunches and get to Chelmsford, we all parked behind the Diocesan offices and then we had time for a leisurely picnic, before going over to the cathedral to rehearse for the service, then get robed up and ready and just wait for the service to start.

The service itself was lovely. I was so grateful Liz was able to step in for Anne-Marie, who

was unwell. I spotted those who were able to come to the cathedral and really appreciated the support. As I had been the Chelmsford LLM student representative on the Management Committee to give feedback on the teaching this final year, I was asked to read the intercessions. This involved climbing up some stairs into the ambo (like a pulpit). I knew I needed to hold up the cassock I was wearing to get up the steps safely, but completely forgot about the blue scarf. Now my blue scarf is quite long (I think they are one size fits all) and I managed to stand on the end of it and this stopped me moving forward properly until I realized and freed myself. My husband tells me I appeared above the rail of the ambo a bit like Captain Mainwaring, a little disheveled and unsteady, but I managed to keep going. I will shorten the scarf so that I don't repeat the experience in the St. Luke's pulpit!

After the service we had lots of photos with Bishop Guli and the area Bishops, then with family and friends, some of the photos are in this edition of *Open Door* (see center pages). Then it was back home with the family for sparkling wine and then later in the evening we shared a takeaway together and had some lovely family time.

So, what comes next? Well, I have a working agreement to work 2 days a week, and will help with schools' work and with Andy at CITY. I will continue with the Monday night bible study group and preaching once a month. Training is never complete, there is always more to learn, and LLMs are invited to join in the training provided for curates. I feel drawn heavily to teaching ministry, so Bishop Roger is keen for me to help lead a Course in Christian Studies (CCS) group, ideally in the Deanery. I enjoyed doing CCS, so I am sure I would enjoy helping others to learn through it. I have also agreed to complete the training for funerals and see if funeral ministry is something God is calling me to do. So, I will be kept busy, although at least the further training does not come with essays and assignments (or so I have been told).

I just want to repeat what I said when St Luke's welcomed me the day after the licensing, about how much I appreciate the love and support I have felt from everybody through the past three years, all your good wishes, the number of people who emailed me and gave me cards before and after the licensing. I really have felt you all cheering me on to do well. So thank you all.

**Wendy Borgartz**

# Books of the Bible

*Canon Paul Hardingham*

## 1 & 2 Samuel

1 & 2 Samuel was originally a single work, which focuses on Samuel, Saul and David, around 1,000 BC, mid-way between Abraham and Jesus. It was Samuel who established the monarchy in Israel after the period of the judges. He was commanded by God to give the people a king, although their request is seen as a rejection of God's rule over Israel (8:7). The people simply wanted to be like other nations, however their king was still subject to God's law and the word of the prophet. Although Samuel anointed Saul, he soon showed an unwillingness to submit to these requirements, leading to his rejection as king (15:23). God chose David as Saul's successor, and 1 Samuel depicts David's years of waiting until the right time arrived to claim the throne.

2 Samuel depicts David's rule, in which the nation prospers and its enemies are defeated. The promise of the perfect king is fulfilled in Jesus Himself, as David's descendant. The second half of the book depicts the darker side of David's reign, describing his weaknesses and failures, including his adultery with Bathsheba and the rebellion of his son Absalom.

Nevertheless, David remained a man after God's own heart: *'The LORD does not look at the things man looks at. Man looks at the outward appearance, but the LORD looks at the heart.'* (1 Samuel 16:7). The characters in this book are not always great examples of faith, however, *'They do not show us how we should live but how in fact we do live, authenticating the reality of our daily experience as the stuff that God uses to work his purposes of salvation in us and in the world.'* (Eugene Peterson).

## 1 & 2 Kings

1 & 2 Kings is a single literary work telling the history of Israel's monarchy from the end of David's reign until the Babylonian exile following the fall of Jerusalem (586 BC). After Solomon's reign, Israel was divided into two kingdoms: Israel to the north and Judah in the south. In the north 20 rulers reigned over 210 years until the fall of Samaria (722 BC). In the southern kingdom there were also 20 rulers, spanning a period of 345 years.

This account is not like reading a modern history book. The author views the story through the lens of God's relationship with His people. The welfare of Israel depended on their leaders' trust and obedience in God, e.g. Solomon building the Temple, as well as listening to the prophets e.g. Elijah and Elisha. The kings who receive the most attention are those whose disobedience is greatest (e.g. Ahab and Manasseh) or those who truly follow God (eg. Hezekiah and Josiah).



The book ends with exile in Babylon, fulfilling God's warning of the consequences of disobedience for both kingdoms (cf Dt 28:64–68). However, this doesn't mean that there is no hope for the future. At the end of the book, Jehoiachin is released from prison in Babylon, and he is given a place of honour (2Ki 25:27-30). The future remains open for God to fulfill His promises to the house of David.

'We begin to realise that if God's sovereignty is never cancelled out by the so deeply sin-flawed leaders ('kings') in both our culture and our church, we can quite cheerfully exult in God's sovereignty as it is being exercised in all the circumstantial details of the actual present.' (E Peterson).

*Parish Pump*

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## **Remembering the faith of Eric Liddell 100 years ago at the Paris Olympics**

The 2024 Paris Olympics (26 July – 11 August) are here. It was 100 years ago this summer, also at the Paris Olympics, that a young science student at Edinburgh University, Eric Liddell, ran an astonishing race that caught the imagination of millions worldwide.

Liddell had been born in China in 1902, to Scottish missionaries there. Early on, he had made a deep commitment to Jesus Christ, and sensed he was being called to spend his life in serving others. But Liddell was also an outstanding sportsman, playing rugby for Scotland before settling on athletics.

When he was chosen for the Paris Olympics, he expected to run his preferred 100m. But then came the news that the race would be run on a Sunday, and Liddell refused. Quickly, he trained for the 200m and 400m. He took bronze at the 200m, but no one expected much from him at the 400m. Instead, he won, and even broke the world record in the process.

After the Olympics, Liddell felt God calling him to his life's work. He went back to China, to teach in a Christian college. As the Second World War loomed, he sent his wife and children home, but stayed on himself. By 1943 Liddell was confined to a brutal prison camp, where he shone among the fellow prisoners – encouraging them, teaching Bible classes, and praying for both his fellow inmates and the prison wardens. Deeply malnourished, his health failed and in 1945, just months before the war ended, he died, aged only 43.

In 1981 his story was made into the Oscar-winning film *Chariots of Fire*.

*Parish Pump*

# Church towers

When you look carefully at churches in towns, you may notice there are many similarities in their designs.

That's because Parliament in 1818 and later in 1824 brought about an Act to enable new churches to be built particularly in towns where the population had grown exponentially due to the industrial revolution and general movement away from the countryside and into town-based work and homes.

These are known as Commissioners, Waterloo or even Million Act churches. The body overseeing the work was the Church Building Commission; the Act followed the end of the Battle of Waterloo.

In some cases the Commissioners provided the full cost of the new church; in other cases they provided a partial grant and the balance was raised locally. In total 612 new churches were provided at a cost of £1.5million. All the money was to be used for the Church of England as the 'established' church in Great Britain.

One can imagine the significance in those days for country folk to find a local church when they moved away from everything they had known. Not only would it have been spiritually uplifting but they would have been social hubs where connections and friendships were made as well as points of support and practical help; especially for those away from their extended families.

The church tower is the highest part of the church building. This is the aspect that is most recognisable from a distance; the element that almost defines the church building.

Have you ever seen a church building without a tower? Most religions use this same structure on their buildings, so clearly there must be overlapping reasons for this. But there is not just one design even within religions.

The structures of all buildings are dependent on the materials available, the architectural knowledge, the purpose, the fashion of the day as well as the finance available.

Norfolk churches in particular have 'special' towers. There are around - pun intended! - 181 round church towers in England of which 126 are in Norfolk. They were built from as early as the ninth century onwards

So what was going on there?

Some argue that because of the flatness of the land these were thought to be more stable; while others think that it was because the materials available locally were small pieces of flint which cannot be easily worked or dressed but when set into mortar can create handsome and stable walls and buildings.

In many parts of the UK flint is used to face the outside of buildings but here they were used to be the foundational element so long as 'corners' were not required.

*Parish Pump*

## Miscellaneous observations:

- I'm supposed to respect my elders, but it's getting harder and harder for me to find one now.
- If I agreed with you, we'd both be wrong.
- A bus station is where a bus stops. A train station is where a train stops. On my desk, I have a work station.
- To steal ideas from one person is plagiarism. To steal from many is research.
- Where there's a will, I want to be in it.
- In filling out an application, where it says, "In case of emergency, notify ..." I answered, "a doctor."
- Since light travels faster than sound, some people appear bright - until you hear them speak.
- Why do Americans choose from just two people to run for President, and 50 for Miss America?

## Parent & Toddlers at St Luke's

Meet here every  
**MONDAY** morning  
9.15am - 11.15am

(includes holidays, but not bank holidays) photo by Marcus Spiske Unsplash



Everyone welcome! Parents  
or carers, grandparents,  
friends and childminders.



Meet up, have a chat, relax and play!



There is a small charge of  
£2.00 per family - drinks &  
biscuits are included



Further information from Margaret Peek 01621 810804  
or Maureen Horn 01621 817497



# 2024

## EVENTS AT ST LUKE'S

### FRIENDS OF ST LUKE'S & MORE!

#### Diary Dates for 2024

**28<sup>th</sup> September – Coffee Morning in Support of Cancer Awareness, 10 am to 1 pm in the hall.**

*Enjoy coffee, tea, cakes & bacon rolls (FoSL)\**

**12<sup>th</sup> October – Quiz Night in the Hall 7 for 7.30 pm**  
*£5 per head (FoSL)\**

**23<sup>rd</sup> November – 60s Night in the Hall, 7.30pm**  
*with DJ James Creswell – Tickets £12 (FoSL)\**

**30<sup>th</sup> November – Christmas Tree Festival**  
*in aid of FoSL & Farleigh Hospice*

**We open with a Festive Bazaar in the Hall on the Saturday 30<sup>th</sup> November, from 10 am to 1 pm.**

*Our theme this year is 'Angels and Stars', come and make yours to add to the display in the hall and church. The decorations and trees will be on display in the church all week.*

**7<sup>th</sup> December – Tiptree Choral Christmas Concert**

**8<sup>th</sup> December – Concert by Maldon Orchestra,**  
*raising funds for FoSL. Tickets £10. (FoSL)\**

**13<sup>th</sup> December – Sound Collective Chorus, Christmas Concert**

**14<sup>th</sup> December – Essex Police Choir & Guests – Christmas concert**  
*and farewell to Choir Director, Norman Eastbrook*

Look out for details of our events on Facebook, on our posters and in the weekly newsletter. If you would like to come along to any of our FoSL events\* please contact [foslbookings@gmail.com](mailto:foslbookings@gmail.com) or call the church office and leave a message, 01621 819557

*We look forward to seeing you!*

# “Rambling Rector”



“Rambling Rector” is a rambling rose. The one in the pictures was given to Roger Hoare as a young plant by the Young Wives at his last parish at Abridge at least 30 years ago. Since then it has survived 2 moves and each time has been cut back and replanted. As can be seen it continues to thrive.



"How thoughtful, wearing something all the wedding guests could shelter under in case of rain."



None of his training had prepared Gary for this...

# Book the Hall

## for your meeting, group or event

we are in St Luke's Church Extension, St Luke's Church,  
Church Road, Tiptree, CO5 0SU



**Good rates and  
improved facilities!**



**Hourly Rate:**

**£20 - regular bookings**

**£23 - one-off bookings**

***both including use of all facilities & kitchen***

**Wi-fi available for group leaders or speakers**

***(discuss your needs when making your booking)***



**Bookings & Enquiries to:**

**Gareth Williams: 01621 818069**

**Email: [hall.stlukestiptree@btinternet.com](mailto:hall.stlukestiptree@btinternet.com)**

**Why not give us a call?**

We now have a Facebook Page [www.facebook.com/tiptreechurchhall/](http://www.facebook.com/tiptreechurchhall/)

## Regular Hall Bookings, at St Luke's:

For all hall bookings call Gareth Williams

01621 818069

Email: [hall.stlukestiptree@btinternet.com](mailto:hall.stlukestiptree@btinternet.com)

<b>Weekly</b>	<b>Morning:</b>	<b>Afternoon</b>	<b>Evening</b>
Monday	Parent & Toddlers	JIKO RYU Karate Club	
Tuesday	Tiptree Volunteers Coffee Morning, (2 <sup>nd</sup> & 4 <sup>th</sup> Tues)	Pilates, Up in Lights Dance Academy	
Wednesday	Slimming World, WEA* (autumn/winter)	U3A Line Dance (2 <sup>nd</sup> & 4 <sup>th</sup> Wed)	regular private booking*
Thursday	Sound Collective Coffee Morning & Choir	U3A Choir (2 <sup>nd</sup> & 4 <sup>th</sup> Thurs)	
Friday	Tiptree Art Club	Pilates	
Sunday	Coffee after Service	KYDS Youth Drama Society	

\*term time only

### **Monthly**

Sunday	Sunday Club (3 <sup>rd</sup> Sunday morning)
Tuesday	Little City (1 <sup>st</sup> Tuesday morning)
Wednesday	Tiptree Tipplers (3 <sup>rd</sup> evening in month)
Thursday	U3A History (1 <sup>st</sup> afternoon), Tiptree Garden Club (1 <sup>st</sup> evening), Flower Club (2 <sup>nd</sup> evening), St Luke's Ladies Group (3 <sup>rd</sup> evening)
Friday	Messy Church (1 <sup>st</sup> Friday afternoon), Priory Heath WI (2 <sup>nd</sup> Friday afternoon in the month)

If you are interested in making contact with any of the groups listed, please contact the Hall Bookings Administrator on [hall.stlukestiptree@btinternet.com](mailto:hall.stlukestiptree@btinternet.com)

Find us on Facebook:  /tiptreechurchhall

March 2024

## **Bishop Guli's tribute as composer Sir John Rutter is knighted**

The Bishop of Chelmsford, Dr Guli Francis-Dehqani, has paid tribute to the composer Sir John Rutter who has been knighted in the recent King's Birthday Honours List.

Bishop Guli said: "Warmest congratulations to John Rutter on being awarded a knighthood in The King's Birthday Honours. His enormous contribution to sacred choral music as a composer, arranger, editor and conductor over half a century has been a huge blessing and has enriched our worship."

*Parish Pump*

# Are you ready for the end of analogue landlines?

Essex County Council's Digital Essex team wants to make residents in Tiptree & surrounding area aware that changes are coming to analogue landlines.

By 2027, traditional phone lines will be replaced by a digital landline service. This means that calls will be made over a broadband line.

For most residents, this change will be straightforward – you'll also get to keep your phone number. Your telephone provider will contact you before anything changes. It is important to respond and discuss what you need to do to ensure your service won't be affected.

The switch to digital landline services could affect some residents. If any of the following apply to you, or someone you know, make sure you contact your telephone provider:

- You don't have broadband
- You rely solely on a landline
- You use a personal alarm or healthcare device
- You live in an area with poor mobile signal
- You have additional needs

If you're confused, worried, unsure, or have any questions, call your telephone provider.

Visit us at an event near you! Digital Essex will be attending events across Essex this Spring and Summer, where we'll be sharing the latest information about changes to phone lines. This is subject to change so please see the full list of events at

[www.superfastessex.org/landline-switch-events](http://www.superfastessex.org/landline-switch-events)

If you'd like to read more about the switch to digital landlines, visit Essex County Council's website: [www.essex.gov.uk/landline-switch](http://www.essex.gov.uk/landline-switch)





# 1984 - the burning of York Minster

Forty years ago, on 9<sup>th</sup> July 1984, York Minster was struck by lightning, which set fire to the roof and destroyed the south transept.

It was the most recent of five fires that have occurred there over the years: the causes have ranged from workmen burning coals (1753) through arson using torn-up hymnbooks (1829) to an unattended candle (1840) and a tarpaulin catching fire (1971). Although night lightning was the official explanation in 1984, some suggested that God might have been reacting to the very recent appointment as Bishop of Durham of the Rt Revd David Jenkins, a famously controversial cleric whose comments had seemed to cast doubt on the virgin birth and the Resurrection. He had been consecrated at York Minster three days earlier.

The Archbishop of York, Dr John Habgood, described that idea as “ridiculous”, though some – including a few members of the fire service – felt that arson by objectors could not be ruled out. As many as 114 firefighters from over North Yorkshire were involved in tackling the blaze. Insurance cover on the Minster had just been increased by its treasury department: the damage to the south transept, with its wooden vaulted roof, amounted to £2.25 million.

York Minster is a huge landmark and tourist attraction in the city: many consider it to be one of Europe’s most impressive Gothic buildings. The glass in its famous 16<sup>th</sup> century Rose Window, which had recently been renovated, cracked into 40,000 pieces, but the new lead edges held it all together.

Queen Elizabeth attended the rededication ceremony in October 1988. This year a new exhibition called *Out of the Ashes* tells the story of the blaze and marks its anniversary.

*Parish Pump*

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## Pope warns of dangers of AI

Pope Francis has become the first pope ever to attend a G7 Summit, and he used his recent appearance to call for urgent “political action” to regulate artificial intelligence (AI).

The Pope told leaders of the Group of Seven (G7) in Fasano, southern Italy: “AI is an extremely powerful tool. Its use will increasingly influence the way we live, our social relationship, even how we conceive of our identity as human beings.”

The Pope said that the various human technologies through history, from flintstones to atomic fusion, had promised both benefit and harm. However, he warned that AI was qualitatively different, since it was no longer under personal control, but could “autonomously adapt” to its assigned tasks and make its own choices and decisions.

The Pope said that the consequences for humanity could be deadly and dehumanising.

*Parish Pump*

# Fun at Messy Church!

After the June Messy Church, Theo's mum sent in these two pictures of him making things in wood with Michael Hatchett.

This and other exciting things are done at every Messy Church as well a short time of worship and a shared meal.

If you would be interested in coming to help, please speak to Anne-Marie about the process.





# Messy Church !



Join us here at  
**St Luke's Church:**  
after school on  
**Friday 6th September,**  
**Friday 4th October**  
**& Friday 29th November**  
**from 3 pm to 5.30 pm**

**For:**

**A simple  
meal**

**Songs**

**Friends**

**Games**



**Activities**

**Stories**

**Crafts**

**a short service**

Revd Anne-Marie Renshaw: 01621 815260

St Luke's Church, Church Road Tiptree, CO5 0SU

 Find us on Facebook: /tiptreestlukes

# What gardening can do for your brain

People who spend time gardening may have better brain function in later life than those who do not.

Such are the findings of a recent study at the University of Edinburgh.

The authors of the study observe that gardening involves: “not only physical exertion but creativity and planning. Engaging in -gardening -projects, learning about plants, and general garden upkeep, involve complex cognitive processes such as memory and executive function.

“Consistent with the ‘use it or lose it’ framework of cognitive function, more engagement in gardening may be directly associated with a lower risk of cognitive decline.”

As one doctor said: “People often don’t realise the wide range of benefits that gardening can bring. For example, digging, planting and pulling weeds will increase hand strength, which research has shown it can also boost brain health.

“Growing your own food can help you eat a healthier diet; another key factor. And staying connected to other people is beneficial for brain health, so community allotments are a great place to socialise, reducing loneliness and isolation.”

The researchers want more study into the possible benefits of gardening, hoping it might help against cognitive decline.

*Parish Pump*

---

## Explorer 6 – sending the first images of earth from space

Sixty-five years ago, on 7<sup>th</sup> August 1959, the USA launched the Explorer 6 satellite, which sent back the first images of the Earth from space.

The history-making achievement was not impressive at first sight. Described as “crude at best” and a “blocky, blurry mess”, the original picture was in black and white and unclear. But it did show a cloud-covered image of the north central Pacific Ocean from roughly 17,000 miles above Mexico.

The data, transmitted to an earth ground station in Hawaii, was described as limited and of extremely poor quality. But it inspired the imagination of many people who were looking to space as the final frontier – one that could be explored.

The satellite, small and round, was designed to study trapped radiation of various energies and cosmic rays, among other things. But it was the scanning device designed for taking pictures of the Earth’s cloud cover that got people interested. It was a forerunner of the TV camera systems carried on later, more advanced satellites.

At the time, the feat itself was hugely impressive. The craft was travelling at more than 20,000 mph and operating with 63 per cent power because only three of its solar cells were working.

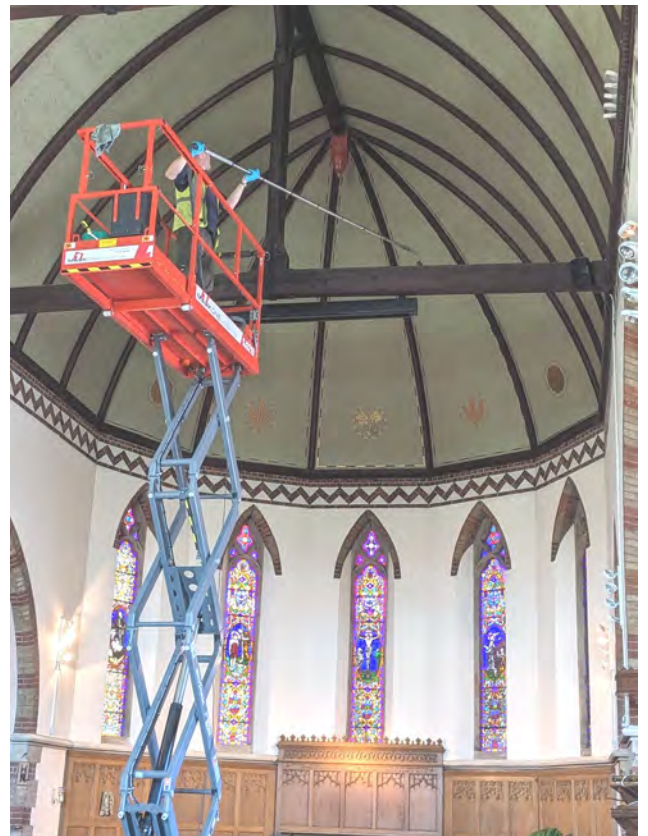
Since then, astronauts have been able to look down and wonder at the earth, seen clearly as small and fragile but extraordinarily beautiful. It has frequently changed their lives. Their photos are among the most widely reproduced of all time.

A continuous, real-time view of the Earth from the International Space Station can now be viewed online.

*Parish Pump*

# High Level Cleaning

On 20/21 June we had high level cleaning undertaken on the ceiling and windows of St. Lukes. Below are some pictures of the cleaning in progress.



# Wendy's Licensing

*13 July*



On Saturday 13 July, Wendy and 5 other Lay Ministers were licensed by The Bishop of Chelmsford at the Cathedral. The service also celebrated the role of the Lay Ministry across the Diocese.



# And St Luke's Welcome

14 July



Following her licensing at the Cathedral Wendy was welcomed at St Luke's by Liz and the rest of the congregation. Lay Ministry was celebrated as Wendy along with Harold were thanked. Harold is celebrating 25 years since his licensing in 1999.



# Messing Orchids



*Bee Orchid (Tim Gardiner)*

MESSING villagers have been enjoying an array of floral surprises for the last five years thanks to a visitor researching her family tree at All Saints parish church.

Back in 2019, Mabel Lodge, from Kelvedon, was looking around the churchyard for the gravestones of the Metcalf family when she spotted a Bee Orchid in the long grass.

Mrs Lodge said: “We were looking for the resting place of our ancestors William and Lucy Medcalf (or Metcalfe) when we found the bee orchid close to the grave of Elizabeth, wife of William May.”

But there was another surprise in store for now retired parish councillor Jon Longman when he went to put some protective stakes around the orchid.

Mr Longman said: “There was a race against time as the community service volunteers were coming on the following day to mow the churchyard.

“Then I spotted what I thought was a purple orchid just a few feet away from the Bee Orchid.

“I sent the Essex Wildlife Trust a picture of the second orchid and got a rapid reply from the Trust saying that it was probably a Common Broomrape and not an orchid.

“I was told the bee orchid was an uncommon flower and was advised by the Trust’s reception staff that they would like me to note it on their records web site.”

Mark Iley, the Trust’s Landscape Conservation Development Manager, said: “The plant is not an orchid but a broomrape — probably a Common Broomrape as they are tricky to identify and are variable in appearance.



*Common Broomrape*



“They are very interesting plants as they are totally parasitic on other plants as they don’t have any chlorophyll.

“They exist as a root system underground and then put up a flower spike in summer.

“It is a nice one for your list of flowers in Messing’s churchyard as they are uncommon plants.”

Messing Parochial Church Council later endorsed Mr Longman’s proposal to investigate setting up a management plan for the churchyard to turn parts of it into a nature reserve.

Mr Longman said: “We are most grateful to Mabel for spotting the Bee Orchid because it would have been mown down 24 hours later.

“The Bee Orchid had a chance to bloom because the scheduled previous visit by the community service team was cancelled because of heavy rain.

“The discovery of the Bee Orchid and the Common Broomrape was the answer to prayer because I have been keen to set up a management plan for the churchyard for some time as there is a fine array of primroses and cowslips every spring.

“I expected a few sceptics to query whether we needed a management strategy for the churchyard. Now we have a wonderful and unusual floral heritage to protect.”

Fast forward to 2024 and Messing PCC are continuing to explore the possibilities of allowing parts of the churchyard to go wild as there are four Bee Orchids in flower this year and more examples of the Common Broomrape.

*+ This article is updated from one that appeared in the Daily Gazette in June 2019.*



*Messing Churchyard*



*Bee Orchid (Tim Gardiner)*

# ***Smile***

## **How did you spell that?**

A friend who wished to check some point on aeronautics asked in his library for books on Metropolitan Vickers. He was handed a copy of Crockford's Clerical Directory. - *The Times*  
*Diary 7 January 1987*

\*\*\*

## **Hole for one**

A golfing priest, after having been beaten by an elderly parishioner, returned to the clubhouse somewhat depressed. "Cheer up," said the layman. Remember, you'll eventually be burying me some day." "Yes," said the priest. "But even then, it will be your hole!"

\*\*\*

## **True Story**

A vicar entered a Christian bookshop to buy a popular book title. "Do you have 'Time to Embrace' please?" he asked. The astonished elderly lady assistant responded by slapping him across the face.

\*\*\*

## **Sounds off**

A minister was complaining about the noise of traffic in the town. He told the Town Council: "Sometimes when we have something on in church, all hell is let loose."

\*\*\*

## **Grave warning**

*Road sign outside the gates of a cemetery:*  
Drive carefully. We don't mind waiting for you.

\*\*\*

## **Fearless in the line of fire**

A six-year-old girl was taken by her grannie to a very 'high' Anglican church. Afterwards she tried to explain to her father what it had been like. "They tried to run us out – they brought in a smoke bomb and shook it at all the people in the front row. But grannie wasn't scared one bit. We stayed until the very end."

\*\*\*

## **No peace**

Some years ago, a parish newsletter in a Surrey village announced: "Prayers for peace this month have been cancelled, because of the new vicar coming to St Christopher's."

\*\*\*

## **What ushers do**

Six-year-old Angie and her four-year-old brother Joel were sitting together in church. Joel giggled, sang, and talked out loud during the service. Finally, his big sister had enough.

"You're not supposed to talk out loud in church."

"Why? Who's going to stop me?" Joel asked indignantly.

Angie pointed to the back of the church and said, "See those two men standing by the door? They're hushers!"

St Luke's Church, Tiptree



# Games Afternoon

Every 4th Friday of the Month!

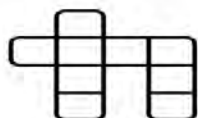
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### Baptisms

12 May	Isobel Bevan	Tiptree
19 May	Freya Hernaman	Tiptree
16 June	Hudson Raines	Tiptree
23 June	Georgie Hume	Tiptree
7 July	Ellie Corbett	Tiptree

### Funerals

8 May	Pauline Barwick	Tiptree United Reformed Church
30 May	Susan Reeves	Colchester Crematorium
25 June	Rita Crowe	St Luke's
5 July	Arthur Ronald Wager	Inworth

## 125 years of Gideons and Bibles

It was 125 years ago, on 1<sup>st</sup> July 1899, that Gideons International was founded. The evangelical Christian association places free Bibles in hotel rooms, hospitals, schools, military bases and prisons around the world.

It started when two traveling salesmen from Wisconsin in the northern USA – John Nicholson of Janesville and Samuel Hill of Beloit – met in a room at the Central House Hotel in Boscobel, Wisconsin, to talk about forming an association to strengthen the faith of people they came into contact with by distributing free Bibles “through designated traffic lanes of life”.

Most people encounter Gideon Bibles through their placement in hotel rooms, and research by Gideons International shows that about 25 per cent of travellers read a Bible when there is one in their room. The Gideons are exclusively Protestant evangelical businessmen with a belief in the Bible as the inspired Word of God and Jesus Christ as the Son of God.

In 2018 the UK section of Gideons separated from Gideons International over the issue of women’s full membership, which is not allowed by the international organisation, but which received nearly 80 per cent support in a UK members’ vote. After losing a dispute about the use of the name Gideons UK, they are now known as Good News for Everyone! They have links with Gideons in Canada and Sweden who have made similar decisions.

A very small number of men in the UK still belong to Gideons International. They are known as The Gideons International in the UK, and still remain a men’s ministry.

# King Charles accepts the patronage of National Churches Trust and Bible Society

Queen Elizabeth II was the patron of both charities, but following her passing, her patronages underwent review. Now King Charles has agreed to continue with his mother's legacy, saying he would be "delighted" to accept them both.

King Charles said his faith is "deeply rooted" in the Church of England. On his accession to the throne, he told faith leaders that he was "a committed Anglican Christian" and promised at his Coronation to "maintain the Laws of God and the true profession of the gospel."

Chief executive of the National Churches Trust, Claire Walker, said: "We are honoured to welcome King Charles III as Patron. This highlights the significance of UK churches and the important role of the National Church in keeping these wonderful buildings open and in good repair."

Bible Society's chief executive, Paul Williams, said: "We're absolutely delighted with this news, and very thankful. This is an affirmation of the value of Bible Society's work in sharing God's Word at home and abroad."

*Parish Pump*

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# On the perils of swinging incense

The Rectory  
St James the Least



My dear Nephew Darren

Well, at least you tried. Filling in for another colleague who was away on holiday was kind of you; that it was somewhere with a high church tradition was adventurous of you. But just because something is worth doing, must you do it to *such* excess?

I can remember the first time I saw you having to use incense; you held the thurible as though you had just been presented with a dead rat. This time, however, I am told that you heated so much charcoal that the congregation thought you were going to hold a barbecue rather than burn incense.

The church warden was impressed with how quickly everyone knelt down, as you went by. If it was in more of an effort to stay clear of your thurible than to pray; well never mind, at least they were on their knees. And I am entirely on your side; you were not to know that their new fire protection system included automatic sprinklers, activated when too much smoke is detected. I am sure most of them would have dried out by Evensong.

You told me that you had not been sure what to do with the thurible when you reached the front. But swinging it so enthusiastically that the chain broke and catapulted several pounds weight of red-hot brass through one of their stained glass windows was really not the best solution. Never mind. I am sure the insurance company will be sympathetic.

But surely you knew that smells also implies bells? So why the panic when the server rang the bells in your ear beside the altar? To have promptly dropped the chalice and shouted, 'fire!' was surely something of an over-reaction? Especially as it meant that the verger re-started the sprinkler system. I am told that several in the congregation left church looking as if they had taken part in a mass baptism, involving full immersion whilst fully clothed.

I am told that you actually even wore full robes, rather than your customary T-shirt and jeans. Just one tip: should you ever wear them again, you might wish to wear the chasuble right side out. But that is a small point compared to the 'hat', as you called it. My dear nephew, wherever did you get it from? That is only worn by a bishop – and even then, the two tabs hang at the back, not over your face.

I am told that some of the congregation feared that in some frightful 'fresh expression' of episcopal rule, you had suddenly been handed control of the diocese. With the Church of England in its present woeful state, I suppose anything is possible.

Your loving uncle

Eustace

*Parish Pump*



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BY RUTH HOLDING

### **All in the month of August**

65 years ago, on 7<sup>th</sup> August 1959 that the USA launched the Explorer 6 satellite, which sent back the first images of the Earth from space.

\*\*\*

50 years ago, on 8<sup>th</sup> August 1974 that US President Richard Nixon announced his resignation, effective from noon the following day. He was facing impeachment over the Watergate scandal.

\*\*\*

60 years ago, on 12<sup>th</sup> August 1964 that Ian Fleming, British novelist and creator of the character James Bond, died.

\*\*\*

125 years ago, on 13<sup>th</sup> August 1899 that Alfred Hitchcock was born.

\*\*\*

75 years ago, on 24<sup>th</sup> August 1949 that the North Atlantic Treaty came into effect, establishing NATO.

\*\*\*

80 years ago, on 25<sup>th</sup> August 1944 that Paris was liberated from the Nazis. The Germans had occupied the city for four years. General Charles de Gaulle (later President of France) entered the city in triumph.

\*\*\*

30 years ago, on 28<sup>th</sup> August 1994 that Sunday trading was legalised in England and Wales.

### **All in the month of September**

865 years ago, on 1<sup>st</sup> September 1159 that the only English Pope, Adrian IV (Nicholas Breakspeare) died

\*\*\*

85 years ago, on 2<sup>nd</sup> September 1939 that Britain and France declare war on Germany

\*\*\*

215 years ago, on 18<sup>th</sup> September 1709 that Samuel Johnson, compiler of the first English dictionary, was born.

\*\*\*

35 years ago, on 20<sup>th</sup> September 1989 that F.W. De Klerk was sworn in as president of South Africa. He began an era of reform aimed at ending apartheid and was succeeded by Nelson Mandela.

\*\*\*

195 years ago, on 29<sup>th</sup> September 1829 the Britains "Bobbies" made their first public appearance. The Metropolitan Police force was established by an act of Parliament at the request of Home Secretary Sir Robert Peel.

\*\*\*

75 years ago, on 30<sup>th</sup> September 1949 that the Berlin Airlift concluded after 277,264 flights carrying over 2 million tons of supplies to the people of West Berlin, who were blockaded by the Soviets.

\*\*\*



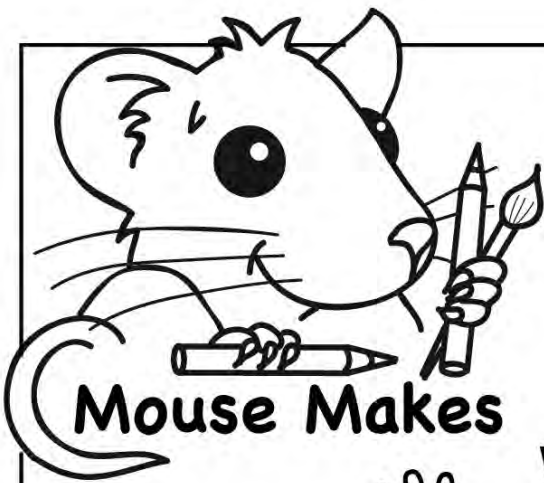
# Wordsearch

## Remembering John Bunyan

After the Bible, John Bunyan's Christian allegory, the *Pilgrim's Progress*, is one of the most celebrated and widely read books in the English language. It has been translated into more than 100 languages around the world and is a Christian classic. Names of people and places from its pages are known wherever English is spoken: Mr Great-Heart, Mr Valiant-for-Truth, Giant Despair, Madame Bubble, the Slough of Despond, Vanity Fair, the Delectable Mountains, the Hill Difficulty and the Celestial City. Bunyan was a popular preacher of Baptist conviction, but because of his opposition to the Established Church and because he did not have a Church of England preaching licence, he was imprisoned in 1661. It was in prison that he wrote *Pilgrim's Progress*. He is remembered by the worldwide Church on 30<sup>th</sup> August.

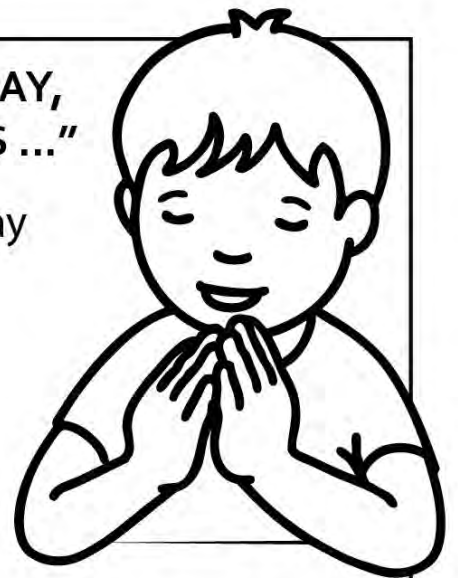


- |          |         |         |            |           |
|----------|---------|---------|------------|-----------|
| John     | Heart   | Madame  | Fair       | Celestial |
| Bunyan   | Valiant | Bubble  | Delectable | City      |
| Pilgrims | Truth   | Slough  | Mountains  | Prison    |
| Progress | Giant   | Despond | Hill       | Preaching |
| Great    | Despair | Vanity  | Difficulty | license   |



"AND WHEN YOU PRAY,  
PRAY THEN LIKE THIS ..."

Where does Jesus say  
to go to pray?  
*Matthew 6:6*



What does God know  
before you ask Him?  
*Matthew 6:8*



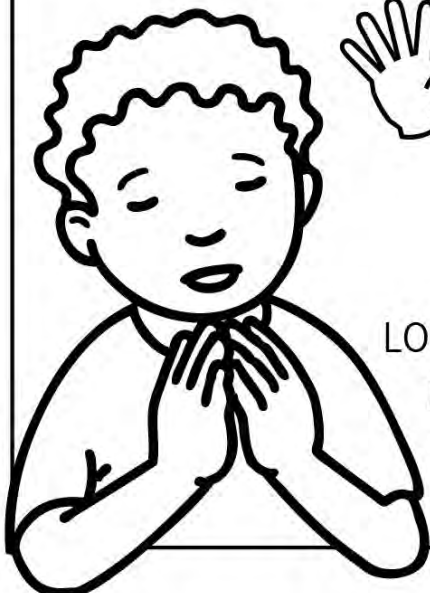
What can we ask God  
to deliver us from?  
*Matthew 6:13*

If you forgive others  
what will God do?  
*Matthew 6:14*



"Always be full of joy.  
**Never** stop praying.  
Whatever happens,  
always be **thankful**."  
*1 Thessalonians 5:16-18*

D	L	O	R	D	S	P	R	A	Y	E	R
L	F	W	R	E	A	R	T	H	K	S	O
D	A	I	L	Y	K	E	D	A	S	K	O
E	T	L	V	T	H	Y	E	L	H	D	M
B	H	L	A	M	E	N	L	L	O	O	I
T	E	M	P	T	A	T	I	O	N	N	H
S	R	A	R	A	V	I	V	W	O	E	E
S	K	N	A	M	E	T	E	E	U	V	A
I	C	J	Y	V	N	E	R	D	R	I	R
N	O	U	R	N	A	V	B	R	E	A	D
S	M	E	W	I	K	I	N	G	D	O	M
J	E	S	U	S	U	L	Y	O	U	R	J
N	E	E	D	S	F	O	R	G	I	V	E



ROOM • PRAY • ASK • NEEDS • HEARD • JESUS  
LORDS PRAYER • OUR • FATHER • HALLOWED • HONoured  
NAME • THY • KINGDOM • COME • YOUR • WILL • DONE  
EARTH • HEAVEN • DAILY • BREAD • FORGIVE • DEBTS  
SINS • TEMPTATION • DELIVER • EVIL • AMEN

# St Luke's Ladies Group

- 15 August** Pets as Therapy ( PAT) - Helen Beard
- 19 September** St Helena Hospice Charity Evening
- 17 October** "Who is H": my daughter with Down Syndrome - Sharon Gould
- 28 November \*** Old Stuff, Gadgets & What Do You Call'em
- 19 December** Christmas Meal + Entertainment
- 16 January 2025** Storytelling Through Textiles - Tabatha Mitchel-Simons

\* Note date change to  
4th Thursday

Various local charities are supported every year.

Look out for details about outings on the noticeboards.

**MEETING IN THE CHURCH EXTENSION**  
**3rd THURSDAY IN THE MONTH**  
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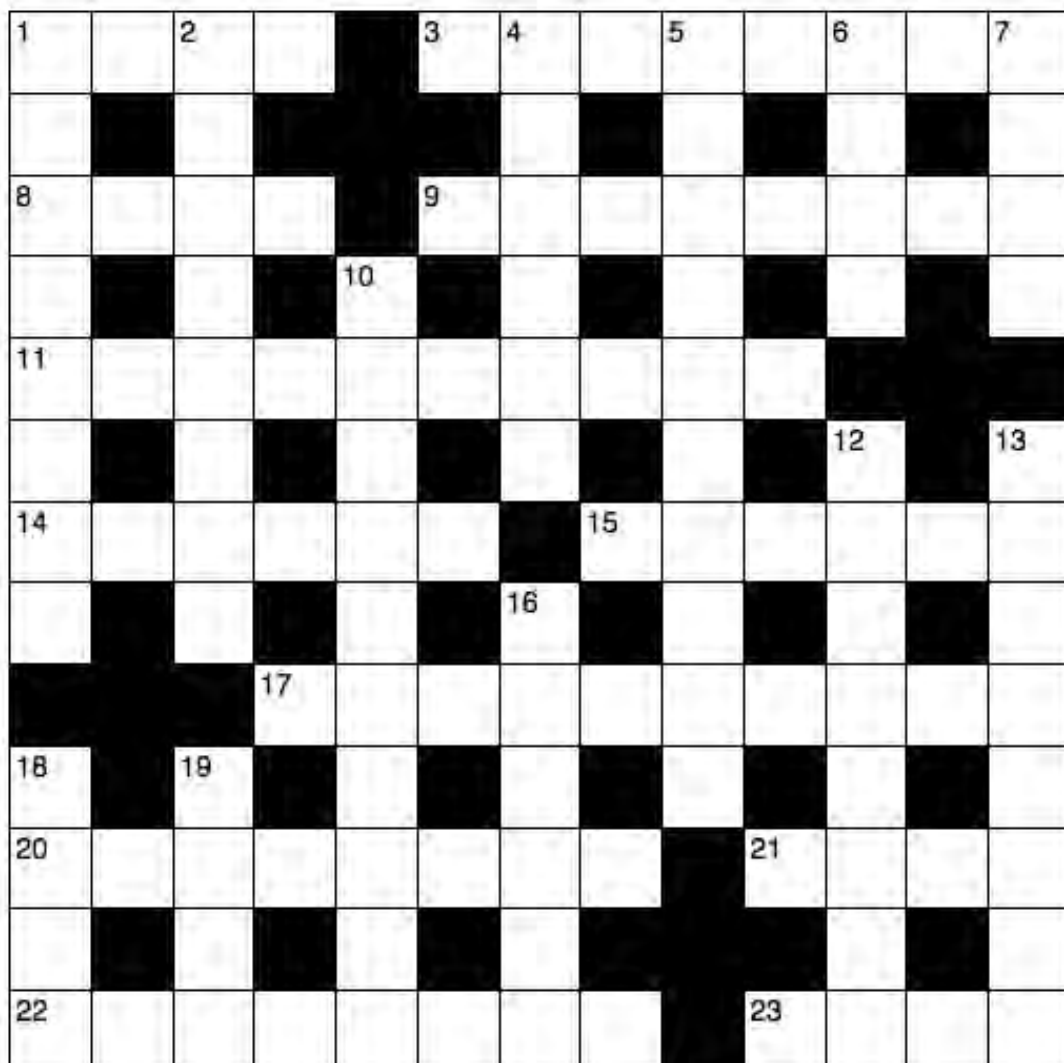
[www.homeinstead.co.uk/braintree](http://www.homeinstead.co.uk/braintree)



Tiptree Choral Society would like to thank everyone who supported their recent ‘Prom in the Barn’, in particular Jimmy and Katie Strathern for allowing us to use their premises and for the huge amount of help they offer in the process. Also, a big thank you to Essex Concert Band under their conductor Callum Abram for adding their fabulous playing to the event. The audience was great and joined in enthusiastically with the sing along sections, making it a really joyful occasion. Thank you to everyone who came – we look forward to seeing you at future concerts.

Our next concert will be on 7th December, when we will be celebrating Christmas with a performance of ‘City of Light’ in St Luke’s Church in Tiptree. We would love you to join us for that so please put the date in your diaries now!

## Crossword



## Across

- 1 and 3 Two of the disciples who witnessed the transfiguration of Jesus  
(Luke 9:28) (4,3,5)
- 3 See 1 Across
- 8 'Let us draw — to God with a sincere heart in full assurance of faith'  
(Hebrews 10:22) (4)
- 9 O Simon is (anag.) (8)
- 11 Form of government under the direct rule of God or his agents (10)
- 14 How Jesus found his disciples when he returned to them after praying in  
Gethsemane (Luke 22:45) (6)
- 15 In The Pilgrim's Progress, the name of the meadow into which Christian strayed,  
which led to Doubting Castle (2-4)
- 17 Glad sin rat (anag.) (10)
- 20 Spinal column (Leviticus 3:9) (8)
- 21 Valley of the Balsam Tree with a reputation of being a waterless place  
(Psalm 84:6) (4)
- 22 'The oracle of Balaam son of Beor, the oracle of one — — sees clearly'  
(Numbers 24:3) (5,3)
- 23 Adam and Eve's third son (Genesis 4:25) (4)

## Down

- 1 David's great friend (1 Samuel 20:17) (8)
- 2 'The Lord... will bring me safely to his — kingdom' (2 Timothy 4:18) (8)
- 4 'I, Daniel, mourned for three weeks. I ate no choice food; — — or wine touched my  
lips' (Daniel 10:3) (2,4)
- 5 Seeking to vindicate (Job 32:2) (10)
- 6 Female servant (Isaiah 24:2) (4)
- 7 'For Christ died for — once for all' (1 Peter 3:18) (4)
- 10 'Offering spiritual sacrifices — to God through Jesus Christ' (1 Peter 2:5) (10)
- 12 Jesus said that some people had renounced this 'because of the kingdom of heaven'  
(Matthew 19:12) (8)
- 13 One of the three men thrown into the furnace for refusing to worship  
Nebuchadnezzar's golden image (Daniel 3:20) (8)
- 16 'You have — of good things laid up for many years. Take life easy; eat, drink and be  
merry' (Luke 12:19) (6)
- 18 'There before me was a white horse! Its rider held — — , and he was given a crown'  
(Revelation 6:2) (1,3)
- 19 Equipment to Charity Hospitals Overseas (1,1,1,1)

**TIPTREE BEER & WINE MAKERS GUILD (Otherwise known as the  
TIPTREE TIPPLERS)**

New to the village or simply wish to do something different? We started in 1970 as a wine and beer making guild and although some members still brew their own and compete in our annual competitions, we are now more of a social club, meeting monthly.

You do not have to make your own wine or beer or be knowledgeable about wine or beer making. The only requirement is to have fun and meet great people.

We have an event or theme each month, sometimes with a guest speaker. There are usually nibbles & cheese provided & sometimes additional food at a small cost.

**We meet on the 3rd Wednesday of the month at St Luke's Church Hall, 7.30pm for 8.00pm.**

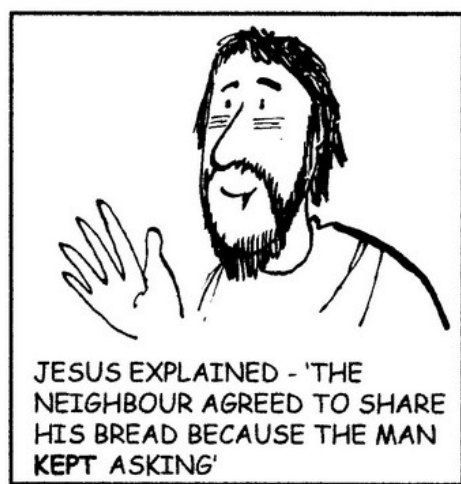
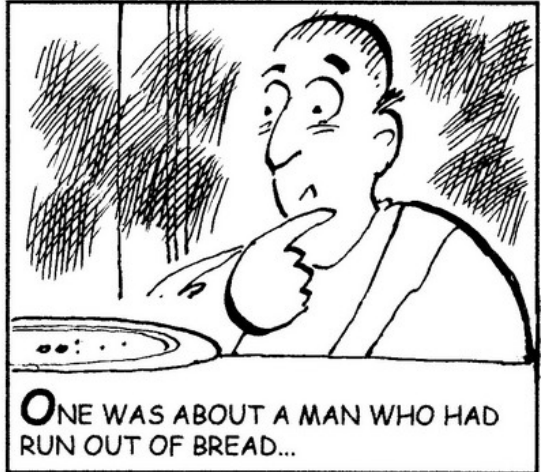
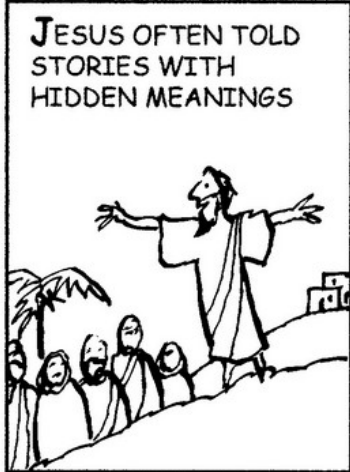
You are most welcome to come and try out a night for free. Just turn up and make yourself known to Bill or Sonia and bring a drink for yourself. There is no admission fee & our yearly membership is just £35, if you wish to join..

See the church notice board for our events in 2024

For more information contact Bill Bradbury [billhbradbury@gmail.com](mailto:billhbradbury@gmail.com) or Sonia Stirling [sonia.stirling@btinternet.com](mailto:sonia.stirling@btinternet.com) or phone 01621 819087



The Tale of   
The Friend  
at  
Midnight

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**NEW  
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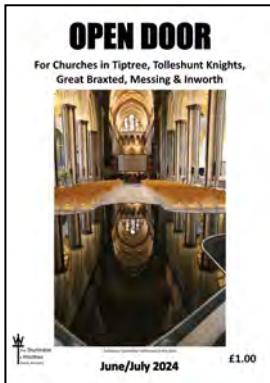
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and

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*email* [thurstableteamadmin@btinternet.com](mailto:thurstableteamadmin@btinternet.com) or call 01621 819557



## Keeping the county warm



Fuel Services

Contact BFS for prompt delivery of your domestic heating oil direct from our local Danbury Fuel Services depot. You'll find no better service, no better value.

T 01245 425251 [www.bfsfuelservices.uk](http://www.bfsfuelservices.uk)

## Suffolk and Essex Small Animal Welfare

Ken and Ollie, the resident dog and cat representatives at SESAW, are both sunbathing, leaving me to write this month's news. My name is Neo and like Ollie, I am a handsome black cat but there the similarity ends. While he struts around the garden enjoying his freedom, I watch enviously through a wire mesh window. There are other rescued cats plus dogs and rabbits, also waiting for that special person to take them home.

Don't get me wrong, I'm not complaining. We are safe and cared for by some lovely volunteers who give their time whatever the weather. Louisa, for instance, comes in every week with her cheery voice, warm smile and pink rubber gloves! She doesn't rest until our food pens are thoroughly cleaned, litter trays refilled, water and food bowls replenished – you could eat off the floor when she's finished! Then it's my turn for the brush!

I really look forward to being groomed and Louisa enjoys it too. She says, "I have only been volunteering at Sesaw for a few months and honestly, it is one of the most rewarding things I have ever done. To go home, having made a difference by cleaning, feeding and a good degree of fussing, is priceless. Sesaw is an absolute lifeline for many animals so the more volunteers the merrier!"

Please call in one morning if you'd like to join Louisa. Hopefully someone will come for me soon but there are many other rescued animals needing care. You might even meet Kenny (the Boss) Chihuahua or Ollie (the Black) Cat!

Suffolk & Essex Small Animal Welfare,

Registered Charity No.1124029,  
Stoke Road,  
Leavenheath,  
CO6 4PP. Tel: 01787 210888,  
email: [info@sesaw.co.uk](mailto:info@sesaw.co.uk)  
website: [www.sesaw.co.uk](http://www.sesaw.co.uk)

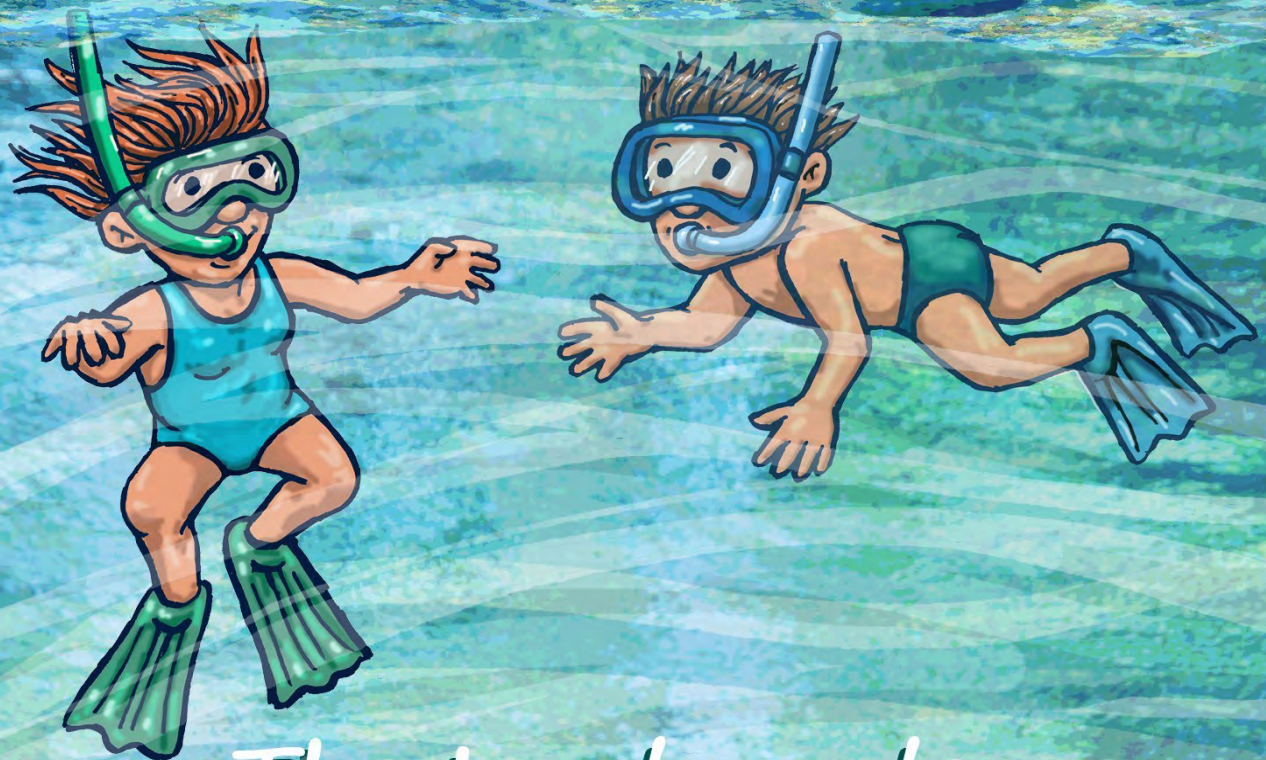


*Louisa and kittens*

# Solutions:

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A	F	R	Y	I	C	E	A	R	R	I	M	I
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T	R	U	T	H	G	U	B	U	B	B	L	E
T	R	A	E	H	E	D	E	S	P	O	N	D



*The Lord made  
the storm be still,  
and the waves of the sea  
were hushed.*

*Then they were glad  
because they had quiet,  
and he brought them  
to their desired haven.*

*Psalm 107. 29-30*

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